



R. C. Palmer Secondary School Information

Important Dates for Program Planning for the 2025 – 2026 School Year

Grade 7 Parent Information	January 23 (6:30 pm)
Course Selection Sheets to be collected from Elementary School by counsellors by Incentive Applications Due	April 15
Transfer Applications Due	January 31
Grade 7 Orientation Tours of Palmer	February 28
	April 8 & 9

GRADE 8 REQUIRED COURSES

Humanities (SS & EN) 8 (2 blocks)	French
Mathematics	Applied Skills
Science	Fine Arts Elective (1)
Physical Education	

Total: 8 courses

GRADE 8 ELL

Students receiving English Language Learners (previously referred to as ESL) support are enrolled in support classrooms. Depending on the ELL level, student schedules include the following courses:

BLOCK	ELL 1 level	ELL 2 level	ELL 3 level	ELL 4 level
1	ELL 1	ELL 2	ELL 3	ELL 4
2	ELL 1	ELL 2	ELL 3	Math 8
3	ELL 1	ELL 2	Math 8	Science 8
4	Math 8	Math 8	Science 8	Humanities 8
5	PE 8	Science 8	Humanities 8	Humanities 8
6	Applied Skills 8	PE 8	Humanities 8	PE 8
7	Elective*	Applied Skills 8	PE 8	Applied Skills 8
8	Elective*	Elective*	Applied Skills 8	Elective*

* In Grade 8, students may choose either Art & Drama OR Band as their Fine Arts elective



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R. C. PALMER'S DAILY SCHEDULE

The timetable is currently organized in two Semesters (September to January and February to June). Students are enrolled in 4 courses during each Semester. Start and end times for the day, as well as important dates for the school year can be found on the website. All information is updated on our school website daily. Please note that the structure of our timetable may change based on health and safety guidelines given by public health.

Monday/Tuesday/ Friday	Personal Learning Time (Every Wednesday and Thursday)
BLOCK A 8:30 - 9:50	Personal Learning Time - 8:30 - 9:25
BLOCK B 9:55 - 11:15	BLOCK A 9:30 - 10:35
NUTRITION BREAK 11:15 - 11:30	BLOCK B 10:40 - 11:45
BLOCK C 11:30 - 12:50	NUTRITION BREAK 11:45 - 12:00
LUNCH 12:50 - 1:35	BLOCK C 12:00 - 1:05
BLOCK D 1:40 - 3:00	LUNCH 1:05 - 1:50
	BLOCK D 1:55 - 3:00

EXTRA-CURRICULAR ACTIVITIES

Students at R.C. Palmer can participate in available extra-curricular programs. We encourage students to visit the Palmer website, talk to teachers and investigate what is being offered. Getting involved in these teams or clubs is important for students to enhance their school experience.

Athletics

Badminton
Basketball
Golf
Soccer

Tennis
Track & Field
Ultimate
Volleyball

Extra-Curricular Clubs

Art/Photo/Yearbook Club
Book Review Club
Breakfast Club
Dance Squad
ECO Team
First Responders Club

Global Network Club
Grad Committee
Library Club
Library Monitor Club
Math Clubs
Living Beyond the Horizon

PC Gaming Club
SOGI+
Student Council

For more information about Palmer, please contact:

Phone: 604-668-6288

Website: <http://palmer.sd38.bc.ca>