# PERSONAL LEARNING TIME

2022-2023

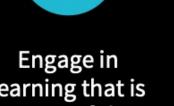
R.C. Palmer Secondary School

## Personal Learning Time

An opportunity to:







learning that is meaningful to you



Collaborate with others



Seek additional learning support from teachers



Develop core competencies and personal organizational skills



Reflect and set goals for learning



Make choices and develop independence

### What can I do during PLT?



- Time to work on group projects
- Additional academic & learning support
- Develop language skills for ELL learners
- Reflection and self-assessment of the Core Competencies
- Community service and/or work experiences
- Development and presentation of Capstone Projects
- Get support for I removal, incomplete assignments, etc.

- Independent study and homework time
- Extra time in science labs, art studio, wood shop, computer labs, textiles rooms for hands-on work
- Make up missed assignments and tasks
- Meditation/Yoga/Mindfulness
- Nature walk
- Time in the gyms (volleyball, basketball, etc.)
- CLC Inquiry questions and/or Capstone work

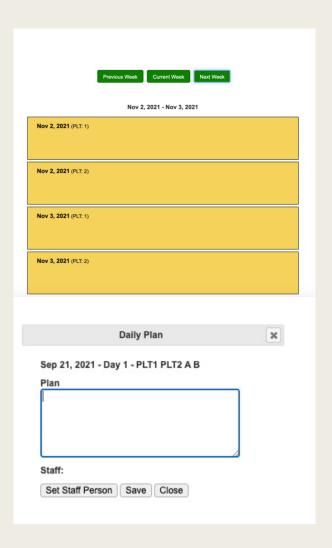
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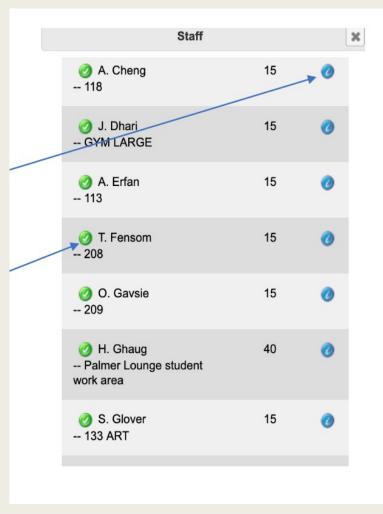
How does it work?



- 55 Minutes every Wednesday and Thursday (8:30-9:25am)
- All students are encouraged to connect with teachers during this opportunity
- Plan ahead, signup online and set goals

#### What you will see on your screen







#### Palmer PLT



https://rcpalmer.myweeklyplanner.net

- User ID
  - Student number (example: 123456)
- Password
  - Initials + student number (example: SA123456)